

# Meet Erika Doods – Professional Certified Coach with +600 hours of coaching practice at different management levels





**ERIKA DOOMS**  
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Beersel BELGIUM

- Daring
- Keen insight
- Supportive
- Pragmatic
- Compassionate

## Overview

- **Professional Certified Coach (PCC)**
- **Certified: Enneagram, systemic coaching, team dynamics**
- **Co-managing director Training & Coaching Square**
- **Trainer & coach in change, leadership, team dynamics and ICF certified programs**
- **Motivation | Carefrontation | Evolving**
- **Human in a sense of awareness, connection and responsibility to oneself, others, and the world around us**

## Area of expertise

- **Leadership coaching**
- **Team (dynamics) coaching**
- **Feedback culture and communication to enhance relationships**
- **Dealing with internal & external conflicts**
- **(Self-)confidence**
- **Change management**

- Erika is an experienced Professional Certified coach.
- She is a seasoned expert rooted in leadership, with extensive experience across multiple business and operational landscapes,
- She is specialized in delivering results-driven coaching, tailored to the specific needs of the individual or group.
- Her approach ensures that your inner essence aligns seamlessly with your outward actions, fostering unity and effectiveness, based on rational, emotional, intuitive and circular insights.
- She has a proven track record of 15 years of operational management, with experience in complex project and change programs.
- Her focus on the human aspect of change brought her to the path of Training and Coaching Square, where she further developed her coaching skills.
- With +4.000 hours of training and +600 hours of coaching practice, she developed her own pragmatic coaching style described by her clients as supportive, open, confident, daring and keen.
- With her focus on positive motivation, she empowers you, your team and organisation to achieve your goals, by exploring new ways to go, with confidence and clarity.
- Through coaching, she strives for sustainable evolution and believes that this is based on humanity in the sense of awareness, connection and responsibility to oneself, others, and the world around us.